



FIGHTERS' RUN

VERSENY HÉTVÉGE

VISEGRÁD

FIGHTERS' RUN

VISEGRÁD | 2025. MÁRCIUS 22-23.



FIGHTERS' RUN
VISEGRÁD



- ▶ EGYÉNI TRIPLA ▶ EGYÉNI RÖVIDTÁV
- ▶ CSAPAT RÖVIDTÁV ▶ BEAVATÁS ▶ FARKASKÖLYKÖK
- ▶ TEREPFUTÁS ▶ KUTYÁS TEREPFUTÁS

WWW.FIGHTERSRUN.COM

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BEFORE YOU START

RACE CENTER

- RACE CENTER: VisegrádiSportcenter | Cím: H-2025 Visegrád, Harangvirág street 22. | [MAP](#)

BE PREPARED!

- Check your name and heat on the [STARTLIST HERE!](#) ATTENTION! If you did not indicate during registration that you consent to your name and year of birth being included in the start list, you will only see your initials of your name on the startlist!
- For adult individual racers the disclaimer document can be downloaded in the racer's [profile](#), from the important tasks menu. For the teams, the team captain can download it from his/her profile. Disclaimer document for kids can be downloaded here: [kids disclaimer](#)
- Race announcements: [Funrun](#), [Individual short](#), [Individual triple](#), [Team race](#), [Trail run](#), [Dog run](#), [Wolf cubes](#).
- Race and obstacle rules can be read [here](#), don't forget to check it before the race!
- You can find our latest news on our [Facebook page!](#)

EQUIPMENT

- Necessary equipment: weather appropriate clothing, trail running shoes, water cup, or bottle
- Recommended equipment
 - [Gloves, tick repellent](#)
 - After the race: towel, full set of dry clothing and shoe, bag for dirty stuff.





FIGHTERS' RUN

FIGHTERS' RUN VISEGRÁD SCHEDULE | MARCH 20-22, 2025.

TUESDAY	RACE OFFICE - 1134 BUDAPEST, TÜZÉR STREET 9-11.	MARCH 20
10:00 - 17:00	Start package pick-up, on-site registration	

FRIDAY	RACE CENTER - VISEGRÁD SPORTS CENTER	MARCH 21
16:00 - 19:00	Start package pick-up, on-site registration	Race center
16:00 - 19:00	Fighters' Run Fanatic gift pick-up opportunity	Race office
17:00	Online opening - general event info	Race center

SATURDAY	RACE CENTER - VISEGRÁD SPORTS CENTER	MARCH 22
7:15	Parking open	Parking area
7:30	Opening Race center	Race center
7:30 - 17:00	Start package pick-up, on-site registration	Race center
7:30 - 17:30	Opening hours of the buffet - hot and cold dishes	Race center
7:45 - 17:30	Cloakroom opening hours	Cloakroom
8:00 - 17:00	Expo - partners activities	Race center
9:00 - 17:30	Free massage	Race center
9:30 - 9:40	Starts of Individual TRIPLE heats	Start area
10:00 - 10:30	Starts of Individual SHORT DISTANCE Alpha heats	Start area
10:40 - 12:00	Starts of Individual SHORT DISTANCE Beta heats	Start area
11:00 - 17:00	Fighters' Run Fanatic gift pick-up opportunity	Race office
12:30 - 17:30	Goulash party for participants of adult events	Race center
13:00	Award ceremony - Individual SHORT DISTANCE	Fighters' Run podium
14:00 - 14:05	Wolf cubs Family heat starts	Wolf cubs start
14:25 - 14:30	Wolf cubs 6-8 years heat starts	Wolf cubs start
14:50 - 14:55	Wolf cubs 9-11 years heat starts	Wolf cubs start
15:20 - 15:25	Wolf cubs 12-14 years heat starts	Wolf cubs start
16:00	Award ceremony - Wolf cubs	Fighters' Run podium
17:00	Award ceremony - Individual TRIPLE	Fighters' Run podium
17:10	Cut-off time of Individual TRIPLE	Finish area
18:00	Event closing	Race center

* In case of bad weather, some opening times may change.🤔



FIGHTERS' RUN

FIGHTERS' RUN VISEGRÁD SCHEDULE | MARCH 23, 2025.

SUNDAY	RACE CENTER - VISEGRÁD SPORTS CENTER	MARCH 23
6:45	Parking open	Parking area
7:00	Opening Race center	Race center
7:00 - 12:30	Start package pick-up, on-site registration	Race center
7:00 - 15:30	Opening hours of the buffet - hot and cold dishes	Race center
7:15 - 15:00	Cloakroom opening hours	Cloakroom
7:30 - 15:00	Expo - partners activities	Race center
9:00 - 15:00	Free massage	Race center
9:00 - 9:05	Starts of TRAIL run heats	Start area
9:15 - 10:30	Starts of DOG run	Start area
11:00 - 14:30	Fighters' Run Fanatic gift pick-up opportunity	Race office
from 11:00	TEAM race 2-person team starts	Start area
from 11:30	TEAM race 3-person team starts	Start area
11:30 - 15:00	Goulash party for participants of adult events	Race center
from 12:00	TEAM race 4-person team starts	Start area
12:10	Award ceremony TRAIL run and DOG run	Fighters' Run podium
12:30 - 13:00	Starts of FUN run heats	Start area
14:00	Award ceremony - TEAM race	Fighters' Run podium
15:30	Event closing	Race center

* In case of bad weather, some opening times may change.?

PERMANENT PROGRAMS

Details in the event info document.



VISEGRÁD

<i:am>
FUELING



BALATONMAN
TRAINING TEAM



TOYOTA



575

BEFORE THE RACE

ON-SITE REGISTRATION

- It is only possible depending on available spots. We can not guarantee there will be free places on race day! We can provide a cash payment for on site registration!

START PACKAGE INFO

- The start package include a special headband with your BIB number (if you haven't received yet earlier), for dog run racers we give paper BIB number. Timing chip (except for the Fun run participants. Wrist band, lunch ticket for adult racers. Event tshirt for those who choose the Premium registration package.
- You can pick up your start package with your printed and signed disclaimer document and with your ID card. For the teams, the team captain can pick up the package or a person who authorized by him in writing.
- You will get your finisher medal and some gifts at the finish line.

START PACKAGE PICK UP TIMES

- Budapest RACE OFFICE
H-1134 Budapest, Tüzér street 9-11.
March 20. Thursday 10:00 – 17:00
- Visegrád, at the RACE CENTER
March 21. Friday 16:00 – 19:00
March 22. Saturday 7:30 – 17:00
March 23. Sunday 7:00 – 12:30



575 BRANDED HEADBAND

Our racers (exception of dog run participants) get a headband with BIB number.

You must wear it during the race on your forehead, clearly visible.

- For the individual adult racers (Short and triple distance, Trail run, Fun run) you will get your own headband with your own BIB number and nickname. You must bring it with yourself for the next race too! If you forget to bring it next time, you will get a paper number and must pay 3000 HUF.
- Teams and kids also get a headband, but they must give it back at the finish line! We will wash the bands and use them at the next race. If you lose it, or don't give it back you must pay surcharge!

PAPER BIB NUMBER FOR DOG RUN RACERS

- Dog run racers get paper BIB number, must be worn on the clothes visible.



HOW TO GET THERE, PARKING

- You should arrive at the venue 90 minutes before your start time.
- The parking lot is located close to the race center.
- Parking staff will assist you for easy parking.
- Parking is FREE on this event.
- You can park only the designates area.
- Parking is PROHIBITED next to the No. 11 main road, cars park there will be towed.
- Do not leave children and animal in the car!
- Don't leave valuables in the car! There is a FREE cloakroom in the race center.
- Use carpool if you can!

CLOAKROOM

You can put your luggage there for FREE.

STARTING SYSTEM

- Individual short/ Individual triple/Fun run/Trail run/kids racers starting in heats.
- Teams starting one by one. Come to the start zone before your start time please, the staff will call you by your teamname.
- Dog run racers starting one by one. Come to the start zone before your start time please, the staff will call you by your name.

COURSES

- Individual and team short distance: 8-11 km, with 20-25 obstacles.
- Individual triple: 3 circle at the short distance course, 30-33km, 70+ obstacles.
- Fun run: 6-7 km middle-easy course with 10-13 obstacles without water obstacle.
- Wolf cubes kids race: depends on age category, 1-3 km, 10-15 obstacles.
- Trail run and Dog run: 12 km, NO obstacles.

COURSE MAP

- Will be published after the race.

IMPORTANT INFOS FOR THE INDIVIDUAL TRIPLE RACERS

CUT OFF TIMES AND RACE CLOSING TIME

FINAL CUT OFF TIME: 7 and a half hours – the competitor has maximum 7 and a half hours from the start time to reach the finish.

COURSE CUT OFF TIMES:

- There are partial cut off times at the end of the first two laps, the competitor must pass through these places by a predetermined time, if this does not happens, he must finish the race – this way the competitor does not slips out of the final cut off time;

LIST OF CUT OFF TIMES:

1. cut off time – at the end of the first lap: 2 and a half hours from the competitor's start time;
2. cut of time – at the end of the second lap: 5 hours from the competitor's start time;
3. cut of time – at the end of the third lap, upon reaching the finish: 7 and a half hours from the competitor's start time.

RACE CLOSING TIME:

- Between 17:00 and 17:10 – the competitor must arrive at the finish line within 7 and a half hours of his own start time.

MANDATORY EQUIPMENT

- 1 piece of insulation foil (first aid foil);
- 1 piece of glass / bottle / drinking container – this is a glass-free event, you will also be able to drink from this at the refreshment point
- ATTENTION! There is no transition area on the course, all mandatory equipment must be with the competitor during the entire race!

IMPORTANT INFORMATIONS FOR DOG RUN RACERS

- One entry allows 1 runner + 1 dog to start.
- Bring your dog's vaccination document with you! The dog must have a valid rabies vaccination at the time of the event, which will be checked.
- The dog must be at least 6 months old at the time of the race! Do not bring a dog with a muzzle to the event!
- Leash with harness / collar: dogs cannot be let free at the event, they must be led on a leash in the competition center area and on the course as well!
- Note: we prefer a harness for the run, as it is more comfortable for the dog, so we ask all owners to bring a harness if they have one for their dog.
- We will provide dog water station at the refreshment point on the course, at the finish line and in the competition center area.

CAMPING

There is no possibility for camping.

RESPONSIBLE BEHAVIOR

This is a race, but the rules of fair play must always be kept in mind. Whether winning or losing, it is essential to compete with integrity, dignity, and by meeting both written and unwritten rules. This is what makes the experience unforgettable!

DURING THE RACE

TIME MEASUREMENT, USING OF TIMING CHIP

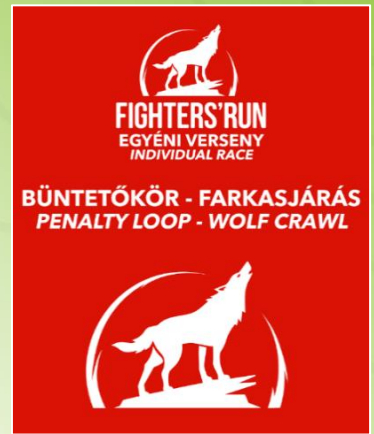
- The timekeeper of the event is Runtiming.hu, **the chip must be worn on the wrist by the participants of the Individual Short Distance, Individual Triple, Team Competition, Wolf Cubs, Trail Run and Dog Run!**
- In the case of a Team competition, each team has 1 chip, which is worn by the chosen member of the team.
- In case of the Individual Short, Individual Triple and Trail, is the competitor's own responsibility and duty to touch his chip to the timing unit /UFO/ at the control points on the track and at the finish line, otherwise he will not have a valid time!
- It is the responsibility and duty of the participants to touch the chip to the timing unit /UFO/ at the start, on the course and at the finish checkpoints of the Team Competition and the Dog Run participants, otherwise the time result will not be valid!
- In case of the Wolf cubs age group children's competition, is the competitor's own responsibility and duty to touch his chip to the timing unit /UFO/ at the checkpoint and at the finish line, otherwise he will not have a valid time!

Adult competitors, pay attention to the green "CHECK POINT" signs, one of our STAFF colleagues will be waiting for you with the timing unit in hand!



PENALTY LOOPS AT INDIVIDUAL RACE AND FUNRUN

- **WOLF CRAWL:** the competitor must complete the penalty loop in wolf crawl (practice also known as bear crawl); during the movement, the competitor's palms and toes remain in contact with the ground without the knees being on the ground. So at least 1 palm and the toes of one foot must be down on the ground; In all cases, wolf crawl takes place head first, moving backwards or sideways is not allowed!
- In the **FUN RUN**, the penalty loop is half as long as in normal races: in this case, the penalty loop must be completed in such a way that the penalty must be carried out in the first half of the designated route, and there is a run from backway.



TYPE OF THE PENALTY LOOP DURING TEAM RACE

TEAM OF 2:

- if 2 team members do not complete the obstacle, all team members go to the penalty loop, in a wolf crawl;
- if 1 team member does not complete the obstacle, then the penalty loop is completed by partner carrying - one team member puts the other on his back or carries him with a fireman's hold (over the shoulder); exchange is possible, however, racers cannot move forward during the exchange;

TEAM OF 3:

- if 3 team members do not complete the obstacle, all team members go to the penalty loop, in a wolf crawl;
- if 2 team members do not complete the obstacle, then the penalty loop is completed by partner carrying in such a way that two carry the third team member, exchange is possible, however, racers cannot move forward during the exchange;
- if 1 team member does not complete the obstacle, then the penalty loop is completed by partner carrying - one team member sits the other on his back or carries him with a fireman's grip (over the shoulder), the third team member goes next to them by walk, exchange is possible, however, during the exchange racers can't move forward.

TEAM OF 4:

- if 4 team members do not complete the obstacle, all team members go to the penalty loop, in a wolf crawl;
- if 3 team members do not complete the obstacle, then the penalty round is completed by partner carrying - two team members carry the other two sitting on the back, or with a fireman's hold (slung over the shoulder), exchange is possible, however, during the exchange, it is not possible to move forward;
- if 2 team members do not complete the obstacle, then the penalty loop is completed by partner carrying in such a way that two carry the third team member, the fourth team member goes next to them by walk, exchange is possible, however, during the exchange, it is not possible to move forward;
- if 1 team member fails to complete the obstacle, then the penalty round is completed by partner carrying - one team member sits the other on his back or carries him with a fireman's hold (over the shoulder), the third and fourth team member goes next to them by walk, exchange is possible, however the racers cannot move forward during the exchange.



CUPLESS COMPETITION

- We don't use plastic or single-use paper cups at our refreshment stations.
- We have adopted a slogan and method that has worked well in our other events: **BRING YOUR OWN CUP!**
- **Participants pour the hypotonic drink and water into their own cup, bottle, or liquid container at the refreshment stations. By this solution we significantly reduce the generated waste of our events.**

MEDICAL CARE

- Rescue team will take care of the necessary care of the participants at the venue of the event;
- **If the competitor needs medical treatment or requests medical assistance, he cannot continue the race, his race is considered incomplete, the timing chip.**
- In case of Team races and Wolf cubs competitors, the headband must also be handed over to the staff member present.
- To the participant who leaves the competition will not has a valid time result and he is not entitled to receive the Finisher medal. Of course, the participant is still entitled to receive the gifts provided by the sponsors and to use the goulash party/pasta party.

GIVING UP THE RACE

- Participant who does not want to continue the race, must indicate this to the staff at the nearest obstacle and hand in the chip. In the case of Team member and Wolf cubs child contestants, the headband must also be handed in;
- Staff will not transport the participant back to the finish line, he must walk back to the race center on his own feet, he can ask information about the shortest route to the competition center from the Staff;
- Anyone who gives up the race during the race or fails to finish by the race closing time, will receive a DNF ("Did not finish") status on the results list; will not have a valid time result and will not be entitled to receive the Finisher medal. Of course, you are still entitled to receive the gifts provided by the sponsors and to use the goulash party/pasta party.

FIGHTERS' RUN

VERSENY HÉTVÉGE

VISEGRÁD



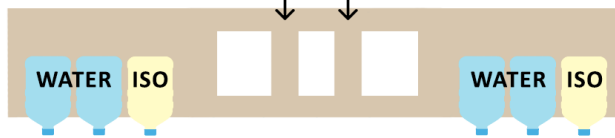


FIGHTERS' RUN

ECO REFRESHMENT STATION

CAPACITY: 24 RUNNERS / MIN

BANANA, APPLES, DRIED FRUITS, DEXTROSE,
SALTY PRETZEL, BISCUITS, SALT



YOU CAN POUR THE HYPOTONIC DRINK AND WATER INTO THEIR OWN CUP, BOTTLE,
OR LIQUID CONTAINER AT THE REFRESHMENT STATIONS.
YOU CAN USE THE WATER TO WASH YOUR DRINKING VESSEL, BUT NOT FOR WASHING YOURSELF.

FULL REFRESHMENT:

- At the Individual and Team short distance, Trail run and dog run there will be 2 refreshment stations on the course and one in the finish. At the Fun run there will be 1 on the course and other one at the finish line. For the triple racers there will be 8 refreshment points at the course.
- At these points, we offer <i:am> mineral+energy hypotonic sports drink. This product provides a balanced combination of carbohydrates, electrolytes, and water to replace all other refreshment solutions.
- At the stations we provide normal and dried fruits, crackers, salt and water, of course.



<i:am>
FUELING

AFTER THE RACE

CLEANING

A changing room, toilet, mobile toilets and a mobile shower are available on-site.

RESULTS, FREE DOWNLOADABLE CERTIFICATE

- The results can be downloaded from page of Runtiming.hu, or with the help of the QR code located in the competition center, and the personal certificate bearing the name of the competitor/team, including the time result, can also be downloaded from here for FREE.
- ATTENTION! Where the participants start in heats/teams, the results appearing on the results list during the competition are not necessarily final, the results list becomes final after the last finisher.

AWARDS

- The time of the award ceremonies can be found in the program table at the beginning of the document!
Individual short distance and Individual triple races: for the participants of the Alpha /competitors/ race, we award the absolute female and male 1st-3rd places; we also announce results in 5 age categories /15-20, 21-30, 31-40, 41-50, 50+/.
- Team short-distance: For teams of 2, 3, and 4, we award prizes to the 1st-3rd places in the absolute women's, men's, and mixed teams.
- Trail running and Dog run: we award prizes to the absolute female and male 1st-3rd places in both competitions.
- Wolf cubs: in the Alpha /competitor/ races, we award prizes to the 1st-3rd places in the 6-8, 9-11 and 12-14 years old boys and girls.

PROTEST

It is possible to submit a warning at the on-site competition office / when picking up the start package/ at the latest 30 minutes before the start of the Award ceremony. The insurance fee is 10.000 HUF - if the insurance is valid, the organizer will refund the insurance fee.

BUFFET

The cafeteria is located in the main building of the Visegrád Sportscenter. Coffee, tea, soft drinks, sandwiches, American hotdogs, gyros and other hot dishes are available. Payment by bank card is possible!

GOULADS PARTY

The participants of the adult distances can take their lunch with the lunch ticket received in the start package, at the times indicated on the program board, in the tent marked with the goulash party in the area of the competition center.

FREE MASSAGE

Freshen up after the race! Thanks to the Lambert Fanni massage, masseurs are waiting for the competitors of the adult distances on both days - look for their tents in the competition center at the time indicated on the program board!

FREE PHOTOS

- After the race you can download photos for free here: [Runnertag](#). You can find your photos with your BIB number or with a selfie (we offer you to try the selfie mode).
- We upload some photo albums after the race to our [Facebook page](#).

FIGHTERS' RUN FANATIC GIFT ACCEPTANCE

- This is our Loyalty Program. After completing INDIVIDUAL AND TEAM ADULT OBSTACLE RACES we give you points, for which you get pieces of the Fighters' Run Fanatic collection! You can score 1-1 point in Visegrád for the Individual and Team Short distance, and 3 points to complete of the Individual Triple.
- You can pick up your gift at time specified in the Program Board at the competition office tent!

FIGHTERS' RUN FANATIC



GYŰJTSD A FANATIC PONTOKAT EGYÉNI- ÉS CSAPATVERSENYÜNKÖN A GARANTÁLT AJÁNDÉKOKÉRT!

EXPO PARTNERS

MARATONMAN DEPO

You can find the coolest running stuff at the Maratonman Depo Shop! You can buy there the pieces of the Fighters' Run collection as well. [Click here to check it!](#)

I:AM FUELING

Hungarian sports refreshment products for amateurs and pro-s for hydration. Check there site here: [i:am fueling](#).

575 FACTORY

[Fighters' Run Blue- és Green collection](#) - fantastic running clothes are waiting for you: long and short sleeved t-shirts, pants, caps headbands and much more!

NINJA ACADEMY

[Ninja Academy Budapest](#) - you can try the new craze, the GEL BLASTER, wich projects smart targets on TV, improves your reaction and speed while you enjoy shooting!

SPORTS LAB

Sport diagnostic and health assessment at the Sport Labs stand! Take a look at your body, your flexibility or your mobility!

CRAZY 5K

Crazy5K – A race where everyone wins!

We bring the [Crazy5K](#) experience to Visegrád - try one of their obstacle and their atmosphere! Challenge and fun in the same place!

SPORTBOMB

Raise the bathing experience to a new level! Our special bath bombs not only provides fragrant papmering, but also hide a sporty surprise! Motivation that recharges both body and soul. Discover the joy of relaxation and movment at the same time!

VISEGRÁD INFO

[Visegrádi INFO](#) office offers and helps at any time if you are looking for accomodation, restaurants, or activities in the city. They help you to organize your daily program at Visegrád!



40 éves a Visegrádi Nemzetközi Palotajátékok 1985-2025

XL. Visegrádi

NEMZETKÖZI

Palotajátékok



2025. július 11-13.

www.palotajatekok.hu

otpbank



Nemzeti
Kulturális
Alap

Visegrad Fund

OTHER PROGRAMS AND ACTIVITIES

VISEGRÁD GOKART CENTER

[Gokart center](#) for kids and adults, close to the race center. [MAP](#)

FARMERS' MARKET

In Visegrád all years around on Sundays 8 am to 12 am at the „Rendezvény tér”. Producers and artisans offers local products and souvenirs to those who like the market atmosphere. 1 km from the race center. [MAP](#)

CANOPY FUN EXTREME, ADVENTURE PARK AND BOB SLEIGHT TRACK

[Canopy Visegrád](#) ADVENTURE PARK includes 45 game elements with 3 strenght level. The Canopy track offers a nice view fo the Danube bend – you need to preregister for this attraction. In Visegrád, [two bob sleight courses](#) wind their way up the mountainside.

Open on weekends, 11 minutes from the race center by car. [MAP](#)

CITADEL

Perhaps the most emblematic building of Visegrád is the building complex at the Castle hill. Every year tens of thousands of people visits the [Citadel](#), whose terrace offers an extraordinary panorama, and which also hosts several exhibitions. Open every day 9-17 , 10 minutes from the race center by car. [MAP](#)

KING CASTLE

Hungarian history surrounds you in [King Castle](#). In addition to the permanent exhibitions, guided tours are also available. 4 minutes by car from the race center. [MAP](#)

ZSITVAY-LOOKOUT

From the highest [viewpoint](#) of Visegrád you can see the Mátra mountains in clear weather, which is 100 km away. 12 minutes from the race center. [MAP](#)

BERTÉNYI MIKLÓS BOTANICAL GARDEN

Listen to the sound of silence in this [botanical garden](#)! A meadow surrounded by streams and centuries-old trees only 8 minutes by car from the race center. [MAP](#)

KNIGHT TOURNAMENT

A unique program in the entire country, where members of the Order of St. George will present in a spectacular knightly tournament how warriors fought for the favor of the king and queen in 14th-century, in Visegrád. Knightly games and banquet is at a fixed time, on the weekend of the tournament on March 22, starting at 12 noon, in the Solomon Tower. Advance registration is required. [MAP](#)



KÉT LÁBAD VAN, NEKÜNK PEDIG 5000 PÁR CIPŐNK NÉZZ BE HOZZÁNK!



Amivel várunk

| futócipők | futóruházat | lábállás-diagnosztika |
| futóövek, -mellények | táplálékkiegészítők ||

...egyszóval minden, ami a futáshoz kell!

www.maratonman.hu

1134 Budapest, Tüzér utca 9-11.



MARATONMAN DEPO
Futóbolt & frissítópont